

## SAVING RESOURCES

### HOW TO SAVE WATER SUPPLY?

1. Turn off the water when brushing your teeth.
2. When you want to have a glass of cool water, do not let it run from a tap until it cools down, but have some in your fridge.
3. Use a shower instead of a bath.
4. Put as much as possible clothes into your washing machine.
5. Wash dishes in a sink instead of under the running water...
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### HOW TO SAVE ENERGY?

1. Always switch out the light when leaving the room.
2. Use luminescence bulbs (only do not throw them away, but bring them to special centers for collecting of dangerous waste!)
3. Watch less TV.
4. Turn off the monitor, when not using your computer for a longer time.
5. Do not put hot meals into your fridge, as this way it consumes more energy.
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